



# BEAR RIVER MRC



# NEWSLETTER



## FLU AND COVID CLINICS

October is a busy month at the health department. Medical volunteers are currently helping with the flu and COVID clinic. If you are trained to give intramuscular injections and would like to help but have not done the training yet please reach out to Shelbie.

We are working closely with the nursing and front desk staff to see if additional help is needed. Please continue to watch Utah Responds for any updates or requests for help.

Additionally, they are starting a building remodel at the main Logan office so starting Oct. 24th all clinics will be at the south Logan office (635 S 100 E). If you are signed up to work clinics from the 24th on please make sure to go to the south Logan office for your shift.

## UPCOMING EVENTS

Flu and COVID Clinics  
Monday- Thursday  
Logan, Brigham City,  
and Tremonton  
buildings

Disaster Psychology  
Training  
Wednesday, Oct. 26th  
6-7 PM  
Garden City Fire  
Department

## TRAINING OPPORTUNITY

Please join us for Disaster Psychology Training on Wednesday, Oct. 26th 67 PM at Garden City Fire Department (145 W. Logan Rd). We will be talking about resiliency and psychological first aid. Training is open to non-MRC members as well so please invite some friends. The training will be made available virtually as well for those unable to join in person.

## COMMUNITY EVENTS

We had another busy month in September. MRC volunteers helped out at Logan Pride and the Logan Marathon. Thank you to all the volunteers who helped make these events successful. Your support of these events helps make them safer and more enjoyable for all who participate.

# MRC RETENTION SURVEY

You should have received a letter telling you about the direction of the MRC and asking you to complete a survey. Below is a copy of the letter. If you have not already read the letter and completed the survey below please do so now.

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We have new and exciting things coming to our Medical Reserve Corp unit. First, we will soon be launching a tier program to help us prepare for rapid responses to emergencies. With this program, we will be able to pre-identify volunteers based on their level of training, screening, and involvement. We will officially launch the program at the start of November.

As a part of the tier program, we will also have a regular training schedule. We will have some classes available once a year. These include CPR, first aid, triage, scene safety, and Stop the Bleed. In addition to these annual trainings, we will also have rotating classes focusing on topics such as personal and family preparedness, deployment procedures, mission sets, and much more. There are still no requirements or obligations to be a part of the MRC unless you chose to take the steps necessary to be in the higher tiers.

As we look forward and grow our MRC unit, we want to take the time to ensure our roster is current. There are some members who joined to help during the COVID-19 response and may not be interested in volunteering anymore. With that in mind, I would ask each of you to complete the survey linked below before October 21st. This survey will ask if you would like to continue with the MRC or if you would like to be removed from the roster. If I don't receive a response from you, I will follow up with a phone call or email.

[MRC Retention Survey](#)

We are looking forward to these next steps for our unit and hope you are excited about them as well. Please reach out if you have any questions or problems.

Sincerely,

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