

JULY 2021

Bear River Medical Reserve Corp



Bear River Health Department



COVID Clinic Updates

At this point, we will continue having clinics at the Logan and Brigham City health department locations. All clinics have been moved inside. Clinics will be held Monday-Thursday at both locations. The hours may vary each week. We will need help with the clerking and traffic control at each shift. The medical needs will vary depending on staffing and space. Please regularly check the schedule and watch for messages with updates.

You can continue signing up using the schedules on Google Sheets. If you have any questions or problems please contact Shelbie at 435-792-6526 or shelbiek@brhd.org.

As of the end of June, more than **7,700 hours** have been donated by MRC volunteers to COVID clinics. The health department appreciates all of the help you have provided. We would not have been able to complete all of these clinics without your help. Keep up the great work!

Survey Reminder

You should have received a message via Utah Responds with a link to a survey earlier this month. This survey will be an important part of our After Action Report (AAR) for the MRC deployment to COVID clinics. This AAR will help us identify what worked and what we need to improve on for future deployments. Your input is essential for a beneficial report.

Please take some time to go over the survey and answer the questions. Even if you plan to continue volunteering at clinics, please take the survey now based on your experience to this point. As you continue to volunteer and have further feedback, you can take the survey again. There is no limit to the number of times you can take it.

You can access the survey using the link below. [**MRC COVID Clinic Report and Check-In**](#)



Training Review

In June, we held a training in Rich County for our volunteers. During this training, we talked about the possible roles volunteers may be asked to fill in the event of a wildland fire evacuation. Additionally, we discussed proper deployment procedures and basic incident command structure. The following are a few points I would like to remind everyone of:

- Deployment Procedures - If there is a request for help, you will receive a message via Utah Responds asking for your availability. Once responses have been received you will be contacted again with your assignment. **DO NOT** respond until after you receive an official assignment with your job description, check-in location, and shift time.
- Incident Command Principles - When you receive your assignment you will be told whom you should report to. This person will be your supervisor. If another person gives you a different assignment, you should advise them to talk to your supervisor. All assignments must come from your assigned supervisor.
- No Freelancing - Once you receive an assignment from your supervisor, you should not leave that position. As you go about your duties if you notice ways you could help beyond your assignment feel free to help out as long as the additional work will not prevent you from completing your assigned duties. If you notice a need, but it would take you away from your assignment, notify your supervisor. They can make arrangements to properly staff each position. It is crucial you do not abandon your assignment.

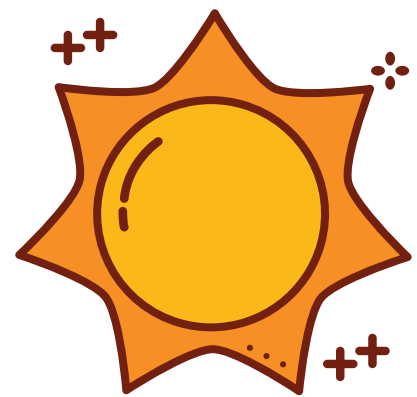
We will begin holding regular trainings soon. Please keep an eye out for messages on Utah Responds regarding upcoming training opportunities.

Safety Tip

During these hot summer days, it is important to keep safety in mind. When spending time outdoors in the heat, here are a few things you should consider:

- Hydration - It is essential to stay well hydrated, especially when you will be in the heat. Be sure to bring plenty of water to drink.
- Sun Protection - Wear sunscreen and/or hats wide enough to protect your face and shirts and pants to cover your arms and legs
- Clothing - Wear loose, lightweight, light-colored clothing.
- Plan Ahead - Avoid being outdoors in the midday heat. Be sure to do any high-energy activities in the morning or evening when it is cooler.

Stay safe out there and enjoy the summer!



Volunteer Opportunities

As COVID clinics wind down and begin to be wrapped into the regular health department services, there will still be opportunities to help in the future. First off, the Bear River Health Department will begin flu clinics in October and would appreciate help with those.

Secondly, the MRC is in the process of coordinating with the various programs of the health department to identify other potential volunteer work within BRHD. Finally, the MRC Coordinator is looking for other opportunities outside of BRHD as well. The hope is as we identify more volunteer opportunities we can find ways to utilize each of your unique skill sets. If you are aware of any potential needs, please contact Shelbie at 435-792-6526 or shelbiek@brhd.org.

Please keep an eye out for messages on Utah Responds regarding any future requests for help.



Upcoming Events

COVID Clinics

Please check the schedule for open shifts.

Logan Marathon Support Station

Saturday Sept. 18th
7:45-10 AM
10 AM-12 PM
12-1:30 PM

MRC Thank You Reception and Orientation

TBD

Flu Clinics

Starting in October
Keep an eye on Utah Responds for dates, times, and shifts.

MRC Thank You Reception and Orientation

To show our appreciation to our volunteers for all of their help during the BRHD's COVID response, we are planning a thank you reception. During this reception, we would like to recognize the volunteers who assisted with the various aspects of the COVID response.

As part of this reception, we will also be doing a brief orientation training. We will go over the purpose of the MRC, training opportunities, and activation and deployment procedures. This will be helpful for our newer members and a good refresher for the rest.

Dinner and refreshments will be provided. You will receive further details for this event soon.

